



Water Safety Sensory Sessions

www.messybubs.com




www.kidsalive.com.au

Adventures at the Pool - Toddler & Preschool

Kids Alive and Messy Bubs have joined forces to share water safety messages through unique sensory play experiences. There are many amazing benefits to multi-sensory play that lead to development of thought, intelligence and social skills. It is a wonderful way to create quality creative time for families and caregivers.

By combining this form of play with water safety messages we are creating a unique way to educate children under 5. Use the lesson plans to guide the activity and help expand the learning of little ones under your care. Everything can be adapted to suit your environment and resources available.

YOU WILL NEED:

- ✓ Sliced Pool Noodles (variety)
- ✓ Container
- ✓ Water
- ✓ Tongs, Tweezers, Grabbers
- ✓ Coloured Pots (match the noodles)
- ✓ Kids Alive Do The Five Music   

METHOD:

- ❖ Slice your pool noodles into circle discs (2 inches thick).
- ❖ Add noodles to container of choice.
- ❖ Add water so the pool noodle discs are floating.
- ❖ Using tools provided, scoop out the colours and match them into the correct coloured containers.

LEARNING OUTCOMES:

Sorting objects, matching shapes, colours and then pictures helps build visual perception and thinking skills. Children can generally sort into colours before they can identify the name of the colours. Learning to categorise and classify helps memory skills.

Colour sorting is a perfect activity to introduce to children as supports many developmental stages. For toddlers it promotes language and communication as well as fine motor skills and the water enhances the sensory experience.

This activity promotes:

- ❖ Adding tools to grab the pool noodles supports fine motor skills development.
- ❖ Hand and eye coordination.
- ❖ Problem solving and thinking skills.
- ❖ This activity opens up the discussion about water safety around swimming pools. Children recognise swimming aids and adults reiterate the dangers found in and around swimming pools.

Adult supervision required at all times.



Water Safety Messages

Ensure fence is well maintained

Remove climbable objects from the pool area

Never prop the pool gate open

We recommend the MagnaLatch and TruClose hinge

Supervise during learn to swim

Can you match the colours to their container?

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